

EXERCISE: THE PATH OF LIFE

1. TAKE A LOOK AT YOUR LIFE BY DRAWING YOUR OWN PATH OF LIFE.

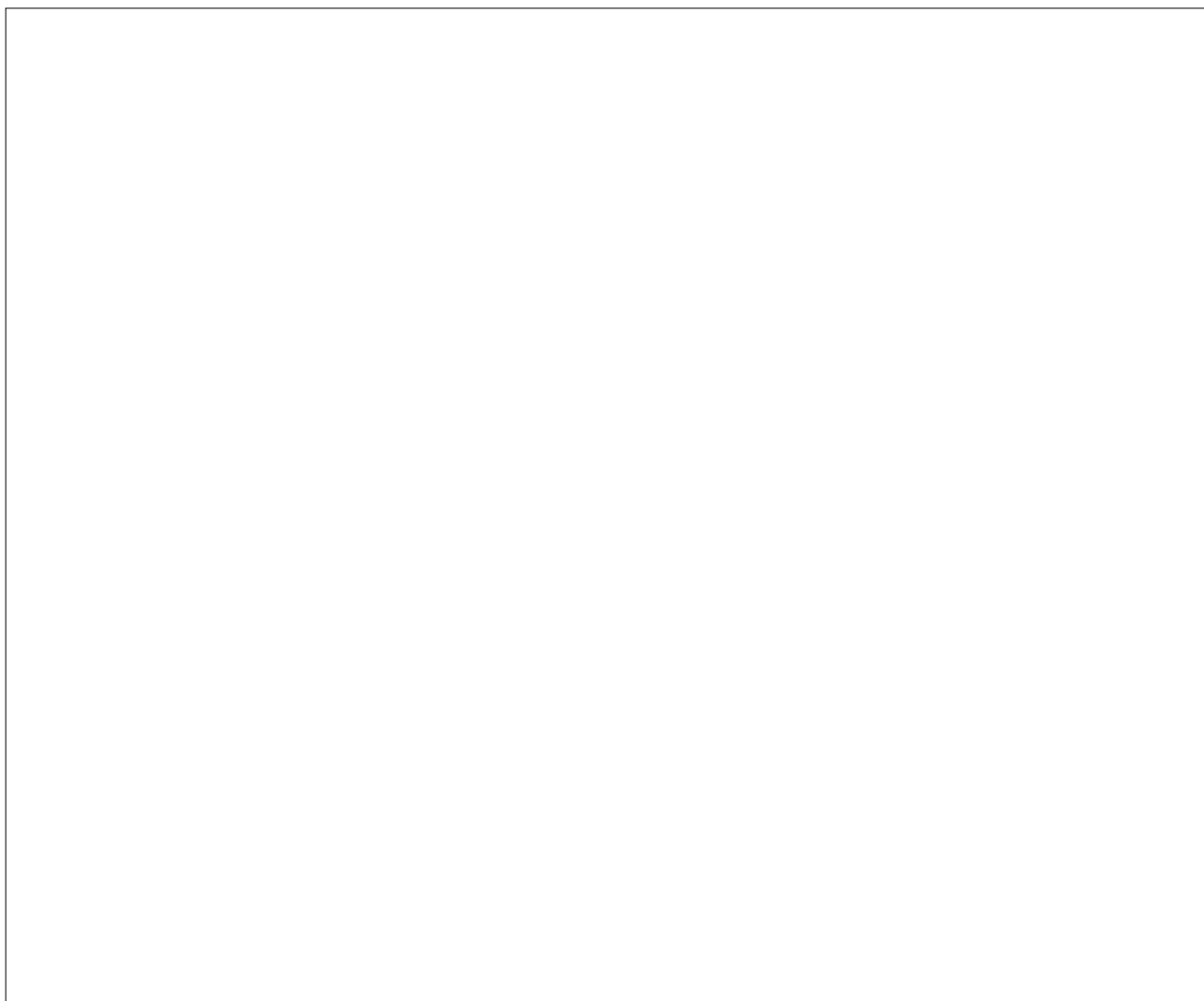
You can draw it on a piece of paper. Pick phases of life and experiences that have been meaningful to you.



2. HOW WOULD I DESCRIBE MY PATH OF LIFE?

Write down a few words to describe your Path of Life.

3. HAS MY PATH OF LIFE AFFECTED THE FACT THAT I'M READING IN THE LIFE SKILLS MATERIAL? HOW?

A large, empty rectangular box with a thin black border, intended for the user to write their response to the question above. The box is currently blank.